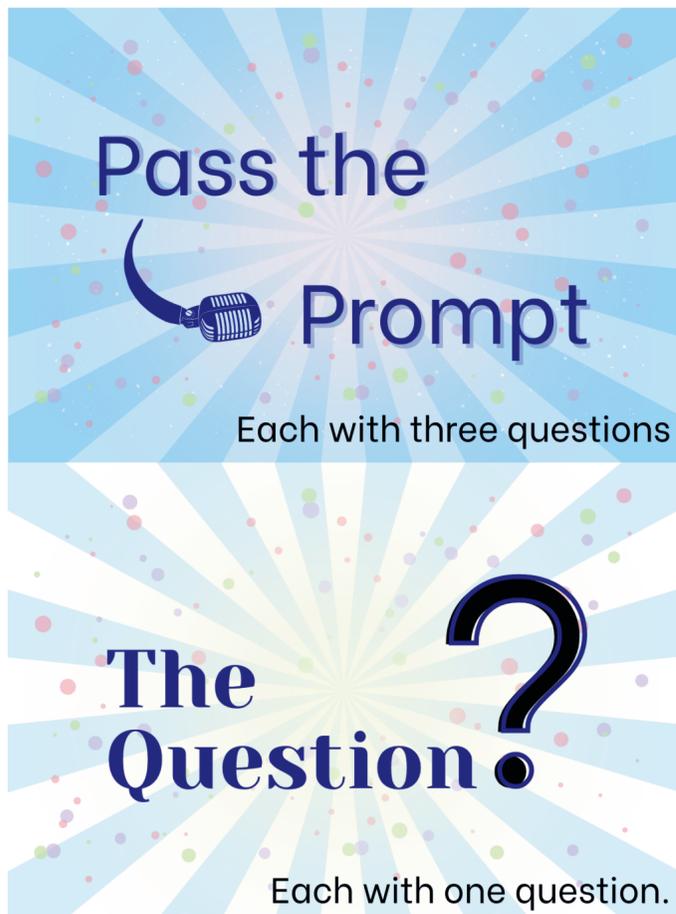


# Life Jugglers - The Game to Connect.

## The Cards



### Microphone

Your talking stick to show whose turn it is to speak.

### Thank You

To encourage people to speak more.

## How to Play

### Part I: Pass the Prompt

1. Distribute cards face down, one for each player.
2. Designate a Host to start the game by:
  - Flipping their card
  - Choosing a question
  - Introducing their question
  - Select a speaker to answer it.

*Hint: Use the microphone card to indicate the speaker if people keep interrupting them.*

3. The speaker speaks for at least a minute

*(Hint) Time the speaker and use the thank-you card to indicate when they can stop.*

4. The Speaker becomes the prompter until a prompt returns to the host, closing the circle.

### Part II: The Question

The host draws a **The Question** card and reads it aloud to the group.

Each player takes some time to reflect. When ready, players take turns volunteering to respond to **The Question**, usually for three to five minutes each.

There are no time limits here; the aim is for everyone to express themselves freely.

### Closing the Game

To conclude the game, each participant says one thing they enjoyed, learned or have taken away from participating.

What will you have taken away?

*Hint: If you have fewer than 4 players, you can use multiple Pass the Prompt cards per round to improve the flow of the game.*

What helps you focus?  
What's your favourite weather?  
What financial goal are you working towards?

**Life Jugglers**

How have you been courageous?  
When do you listen to your body?  
What has improved the quality of your life?

**Life Jugglers**

When do you most feel like yourself?  
When do you feel most powerful?  
How do you negotiate for what you want?

**Life Jugglers**

What conversation do you need to have?  
How does eating affect your energy?  
What would you do with an extra hour a day?

**Life Jugglers**

How do you forgive?  
How do you invest in your future health?  
What have you invested in yourself?

**Life Jugglers**

What do you want to learn?  
What's your relationship with your body?  
What could you teach others?

**Life Jugglers**

How are you at listening?  
What's your daily fitness minimum?  
What's your earliest memory of money?

**Life Jugglers**

What is your most shared memory?  
What comforts you?  
How do you define "enough"?

**Life Jugglers**

What no longer serves you?  
How's your sleep?  
What is the most valuable thing you possess?

**Life Jugglers**

How could you be more playful?  
How do you celebrate your body?  
How do you talk about money?

**Life Jugglers**

What have you recently  
discovered?

What is your main excuse?  
What legacy do you hope to  
leave behind?

**Life Jugglers**

What advice has stuck with you?  
What would most benefit your  
fitness?  
What has helped your career?

**Life Jugglers**

**What event  
changed your  
life?**

**Life Jugglers**

**What's your  
flaw?**

**Life Jugglers**

**How do you  
prioritize?**

**Life Jugglers**

**How are you  
imperfect?**

**Life Jugglers**

**When do you  
disconnect?**

**Life Jugglers**

**What's holding  
you back?**

**Life Jugglers**